

## Who We Are

The Virginia Psychiatric Rehabilitation Association (**VAPRA**) is a statewide organization committed to the psychosocial rehabilitation and recovery of people who have experienced a psychiatric disability. The Virginia Chapter was formed in 1984 and grew in membership over the years until it became the large organization it is today. Practitioners, program managers, and people in recovery serve together on the VAPRA Board to represent our diverse membership across the Commonwealth as we carry out our mission.

**VAPRA** is one of many state chapters under the United States Psychiatric Rehabilitation Association (USPRA), formerly known as IAPRSRS. To learn more about our national organization or to become a member, visit online at [www.uspra.org](http://www.uspra.org).

## Our Mission

The mission of **VAPRA** is to provide leadership in the field of psychiatric rehabilitation, promote person-centered recovery, and advocate with policy makers.

## Our Focus

As part of our educational mission, **VAPRA** sponsors an annual three day conference. This provides a forum for persons in recovery, professionals, and families to share successes and learn about the latest advances in the field of psychiatric rehabilitation.

As part of our advocacy mission, **VAPRA** monitors state and federal legislation. We promote grass roots letter writing campaigns and join with other groups in advocacy efforts. We are a member of the Coalition for Virginians with Mental Disabilities and work with that organization to support an annual rally held each January at the state capitol in Richmond.

It is our goal to be a recourse to individuals and programs across the Commonwealth.

## How To Join **VAPRA**

You may join **VAPRA** by becoming a member of the United States Psychiatric Rehabilitation Association. Join on line at [www.uspra.org](http://www.uspra.org) or call 410-789-7054. There are numerous benefits for joining such as a free subscription to the *Psychiatric Rehabilitation Journal* and *PSR Connections*. There are discounts for conferences, audio/web trainings, and CPRP certification. For a comprehensive list of benefits see the above web site.

